## Program Components of Couples-Based Models Examined in the Strengthening Families Evidence Review

|  | -                 |                    |                                     |  |                |           |                                |       |                                |
|--|-------------------|--------------------|-------------------------------------|--|----------------|-----------|--------------------------------|-------|--------------------------------|
| Program Name   | Group<br>Sessions | Case<br>Management | Employment<br>Services <sup>a</sup> | Child-<br>Support<br>Services <sup>b</sup> | Home<br>Visits | Mediation | Father-<br>Child<br>Activities | Other | Other:<br>Description          |
| IMPACT <sup>c</sup>  |                   |                    |                                     |  |                |           |                                |       |                                |
| Building Strong Families   | Х                 | Х                  |                                     |  |                |           |                                |       |                                |
| Family Expectations  | Х                 | Х                  | Х                                   |  |                |           |                                | Х     | Social<br>activities           |
| Fatherhood, Relationship,<br>and Marriage Education<br>(FRAME)                                   | Х                 |                    |                                     |  |                |           |                                |       |                                |
| PREP for Strong Bonds  | Х                 |                    |                                     |  |                |           |                                |       |                                |
| Supporting Father<br>Involvement (Couples)   | X                 | Х                  |                                     |  |                |           |                                |       |                                |
| Supporting Healthy<br>Marriage   | Х                 | Х                  |                                     |  |                |           |                                |       |                                |
| Young Parenthood Program   |                   |                    |                                     |  |                |           |                                | Х     | Co-<br>parenting<br>counseling |
| IMPLEMENTATION <sup>d</sup>  |                   |                    |                                     |  |                |           |                                |       |                                |
| Bluegrass Healthy Marriage<br>Initiative   | Х                 |                    |                                     |  |                |           |                                | Х     | Coalition<br>building          |
| Colorado Healthy Marriage<br>and Responsible<br>Fatherhood Community<br>Demonstration Initiative | Х                 | Х                  |                                     |  |                |           |                                |       |                                |
| Couples Employment   | Х                 | Х                  | X                                   |  |                |           |                                |       |                                |
| Flourishing Families   | Х                 |                    |                                     |  |                |           |                                |       |                                |
| Georgia Healthy Marriage<br>Initiative   | X                 |                    |                                     |  |                |           |                                | X     | Media<br>campaign              |
| Healthy Families Nampa<br>Demonstration  | Х                 |                    |                                     |  |                |           |                                | Х     | Fatherhood<br>services         |
| Healthy Marriages Healthy<br>Relationships   | Х                 | Х                  |                                     |  |                |           |                                | Х     | CD-Rom                         |
| Illinois Healthy<br>Relationships and Marriage<br>Initiative                                     | Х                 |                    |                                     |  |                |           |                                |       |                                |

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| Program Name  | Group<br>Sessions | Case<br>Management | Employment<br>Services <sup>a</sup> | Child-<br>Support<br>Services <sup>b</sup> | Home<br>Visits | Mediation | Father-<br>Child<br>Activities | Other | Other:<br>Description      |
|---|-------------------|--------------------|-------------------------------------|--|----------------|-----------|--------------------------------|-------|----------------------------|
| Jacksonville Network for<br>Strengthening Families  | Х                 |                    |                                     |  |                |           |                                | Х     | Media<br>campaign          |
| Louisiana Healthy Marriage<br>and Responsible<br>Fatherhood Community<br>Demonstration Initiative | Х                 | Х                  |                                     |  |                |           |                                |       |                            |
| Minnesota Healthy<br>Marriage and Responsible<br>Fatherhood Initiative                            | Х                 |                    |                                     |  | Х              |           |                                |       |                            |
| Oklahoma Marriage<br>Initiative   | Х                 |                    |                                     |  |                |           |                                | X     | Community events, training |
| Relationship Enhancement<br>for Refugees and<br>Immigrants  | х                 |                    |                                     |  |                |           |                                | Х     | Community events           |
| Relationships for Real Life   | Х                 | Х                  |                                     | Х  |                |           |                                |       |                            |
| DESCRIPTIVE <sup>e</sup>  |                   |                    |                                     |  |                |           |                                |       |                            |
| Alabama Community<br>Healthy Marriage Initiative  | Х                 |                    |                                     |  |                |           |                                |       |                            |
| Building Strong and Ready<br>Families   | Х                 |                    |                                     |  |                |           |                                | Х     | Couples retreat            |
| Caring for My Family  | Х                 |                    |                                     |  |                |           |                                |       |                            |
| Creating Healthy<br>Relationships Program   | Х                 |                    |                                     |  |                |           |                                |       |                            |
| Family Bridges  | Х                 |                    |                                     |  |                |           |                                | Х     | Mentoring                  |
| Family Formation Project  | Х                 |                    |                                     |  | Х              |           |                                |       |                            |
| Full Family Partnership   | Х                 | Х                  | Х                                   |  |                |           |                                |       |                            |
| Greater Portland Healthy<br>Marriage Initiative   | Х                 |                    |                                     |  |                |           |                                | Х     | Community campaign         |
| Hispanic Active<br>Relationships Project  | Х                 |                    |                                     |  |                |           |                                |       |                            |
| Jefferson County Healthy<br>Marriage Initiative   | Х                 |                    |                                     |  |                |           |                                |       |                            |

## Program Components (continued)

| Program Name   | Group<br>Sessions | Case<br>Management | Employment<br>Services <sup>a</sup> | Child-<br>Support<br>Services <sup>b</sup> | Home<br>Visits | Mediation | Father-<br>Child<br>Activities | Other | Other:<br>Description |
|--|-------------------|--------------------|-------------------------------------|--|----------------|-----------|--------------------------------|-------|-----------------------|
| Keeping Families and<br>Inmates Together in<br>Harmony                         |                   |                    |                                     |  |                |           |                                | Х     | Not reported          |
| Planning for Children  | Х                 |                    |                                     |  |                |           |                                |       |                       |
| Practical Application of<br>Intimate Relationship Skills<br>(PAIRS) Essentials | Х                 |                    |                                     |  |                |           |                                |       |                       |
| PREP Inside and Out  | Х                 |                    |                                     |  |                |           |                                |       |                       |
| Smart Steps  | Х                 |                    |                                     |  |                |           |                                |       |                       |
| Strong Start, Stable<br>Families   | Х                 | Х                  |                                     |  |                |           |                                |       |                       |
| Together We Can  | Х                 |                    |                                     |  |                |           |                                |       |                       |
| Why Knot?  | Х                 |                    |                                     |  |                |           |                                |       |                       |

Source: Studies reviewed for the Strengthening Families Evidence Review (see Study Search for full list).

AFDC = Aid to Families with Dependent Children; TANF = Temporary Assistance for Needy Families

- <sup>a</sup> Employment services include job-readiness or on-the-job training; job fairs; paid internships; and supports for employment, such as transportation.
- <sup>b</sup> Child-support services include modification of child-support orders, help with arrearages (for example, forgiveness of some debt), paternity-establishment support or information, and legal advice.
- <sup>c</sup> Programs listed in the "impact" category are the focus of at least one study that has a strong or moderate rating, according to Strengthening Families Evidence Review standards (see Review Process for more details).
- <sup>d</sup> Programs listed in the "implementation" category are the focus of at least one study that does not have participant outcomes and is unrated, according to Strengthening Families Evidence Review standards (see Review Process for more details).
- <sup>e</sup> Programs listed in the "descriptive" category are the focus of at least one study that has a low rating, according to Strengthening Families Evidence Review standards (see Review Process for more details).